

Sri Rama Jayam
Hindu Temple of New Hampshire
Sath Sang - Prayer Songs.

1. Om! Suklam baradharam Vishnum Shashi varnam Chatur Bhujam
Prasanna Vadanam Dhyaye't Sarva Vignopa Shantaye'
2. Gajananam Bhuthaganaathi Sevitham; Kapithajambu Phalasara Bhakshitham
Umasudham Shokavinasa Karanam Namami Vigneswara Padha Pankajam.
3. Krishnaaya Vasudevaya Devaki Nandanayacha
Nandagopa Kumaraya Govindayathe' Namoh Namaha.
 4. Namosthva nandhaaya Sahasra Murthaye', Sahasra Padhakshi sirorubhahave'
Sahasra Naamne' Purushaya Sasvathe', Sahasrakoti Yugadharine' Namaha.
5. Om Saraswati Namastubhyam Varade' kamarupini
Vidyarambam Karishyami Siddhir Bavatu Me' Sada
 6. Saraswathi MahaBhage Vidhye' Kamala lochane'
Vidhyarupe' Visalakshi Vidyam dehi Namosthute'
7. Shriya Kaanthaya Kalyana Nidhaye Nidhaye'rthinam
Sri Venkata Nivasaya Sreenivasaya Mangalam.
 8. Mangalam Kosalendraya Mahaneeya Gunan Vithe'
Chakravarthi Dhanujaya Sarva Bhowmaya Mangalam.
9. Om Gnanananda Mayam Devam Nirmala Spatika kritim
Aadaram Sarva Vidyaanam Hayagreevam Upasmahe'
 10. Nakrodho NaCha Mathsaryam, NaLobo NaAsubhaMathihi
Bhavanthi Krutha Punyaanam Bhakthanam Purushoththame'.
11. Om asato mā sath gamaya Tamaso mā jyotir gamaya
Mṛtyormā amṛtaṁ gamaya Om śhāntiḥ, śhāntiḥ, śhāntiḥ
 12. Om Sarve bhavantu sukhinaḥ Sarve santu nirāmayāḥ
Sarve bhadraṇi paśyantu Mā kaśchit duḥkhabhāg bhaveth
13. Om Gurave' Sarva Lokanam Bhishaje' Bhava Roginaam
Nidhaye' Sarva Vidhyanam Dhakshinamurthaye' Namaha
 14. Gurur Brahma Gurur Vishnuhu Gurur Devoh Maheswaraha
Guru Saakshath Param Brahma, Thasmai Sri Guraveh Namaha
15. Pratah smarami hridi samsphura tatwam
Satchitsukham paramahamsa gatim turiyam
Yat swapna jagara sushupta mavaiti nityam
Tad brahma nishkalamaham na cha bhuta sanghaha.
 16. śruti smṛti purāṇānām ālayam karuṇālayam.
namāmi bhagavatpādam śaṅkaram loka śaṅkaram..
17. Annapoorne Sada Poorne, Shankara Prana Vallabhe,
Jnana Vairagya Sidhyartham, Bhiksham Dehi Cha Parvati.
 18. Maatha Cha Parvati Devi, Pitha Devo Maheswaraha
Bhandhava Shiva Bhaktas Cha, Swadesho Bhuvana Trayam

Om Sri Gurubhyo Namaha! Harihi Om!!

MEDITATION - 8 to 10 Min.

19. **Sahanavavathu Sahanau Bhunakthu , Sahaveeryam Karavaa Vahai
Thejasvina Vadheethamasthu Ma Vidhvisha Vahai
Om Shanthi! Shanthi! Shanthihi !**

DISCUSSION – 30 Min.

20. **Om poornamadaha poornamidam Poornath Poornamudachyate'
Poornasya Poornamadhaya Poornameyva Vasishyate'
Om Shanthi, Shanthi, Shanthihi !**

Sri Rama Jayam
Hindu Temple of New Hampshire

Sath Sang - Prayer Songs.

Meaning

1. Lord Vigneshwara, who wears a white garment, who is all pervading, who has a bright complexion (like a full moon), who has four hands (representing all power), who has an ever-smiling face, upon that deity I meditate, for the removal of all obstacles.
2. Lord Vigneshwara, who wears a white garment, who is all pervading, who has a bright complexion (like a full moon), who has four hands (representing all power), who has an ever-smiling face, upon that deity I meditate, for the removal of all obstacles.
3. Our prayers to Krishna, beloved son of Vasudeva and Devaki, also raised by the cowherd Nanda, the Universal Lord known as Govinda.
4. Our prayers to the Lord, who is the son of NandaGopa, one with thousand forms, thousands of feet, head and shoulders, of thousand names, who is the basis of all mankind, and one who is eternal and ever present.
5. Goddess Saraswathi; salutations to you, the giver of all blessings, the one who fulfills desires. As I begin my studies, bless me for the perfection of knowledge and its understanding always.
6. Our salutations (prayers) to the most auspicious Goddess Saraswathi, with large lotus like eyes, embodiment of Knowledge to bless us with knowledge and wisdom.
7. We praise the glory of Lord Srinivasa, who resides in the Venkata Hills (Tirupathi), the Lord who is beloved by Goddess Lakshmi, the abode of auspiciousness and boundless wealth for all His seekers.
8. We praise the glory of Lord Vishnu, incarnated in the form of Rama, as the King of Kosala, with the attributes or qualities that are the best among all humans, the emperor with the bow in His arms, one who rules all known space of the universe.
9. We worship Lord Hayagreeva, who is the embodiment of bliss as a result of knowledge and its understanding , who is as pure as a crystal, and who is the foundation of all knowledge.
10. Oh Lord, the best among all in mankind, bless us your devotees to live a life without anger, vanity, greed and such negative tendencies of the mind.
11. Lead us from the unreal (Ignorance) to the real (Knowledge and Understanding - the truth); Lead us from darkness to light; Lead us from death (impermanence) to immortality (permanence).
Om peace, peace, peace!

Let there be Peace in me!
Let there be Peace in my environment!
Let there be Peace in the forces that act on me!

12. Om, May all be happy. May all be healthy. May we all experience what is good and let no one suffer from (even in small part) grief and illness. Om peace, peace, peace!

13. Lord Dhakshinamurthy is the teacher for all mankind. He is the destroyer of diseases. He is the never ending source or repository of all knowledge. To Him, we offer our worship.

14. Our salutations to the teacher, in whom we perceive the Lord Brahma (the Creator), Lord Vishnu (the Protector) and Lord Shiva (the Destroyer); The teacher is the certain manifestation of the omnipresent and eternal Brahman.

Another meaning:

Learning is the source of knowledge; through learning we see a changeless continuity (Brahman) in the ever changing world of creation, protection and destruction. The teacher – the source of learning – is the path to such knowledge and understanding. To that teacher, I offer my salutations.

Peace! Peace! Peace!

15. In the early morning I meditate/reflect on the Self, residing in the deep wells of our hearts. It is Real Knowledge, Eternal Happiness, the state reached by those who have transcended to the fourth state of consciousness; The Self illumines all our experiences during the waking, dreaming and the state of deep sleep. I am that perfect Brahman, not the identity associated with my physical and identifiable matter.

16. Sankara Acharya is the storehouse (home) for the Vedic knowledge, religious scriptures (Purana) and their philosophy that is understood through the sound (Shruthi) and their reflection and memory (Smruthi). He is the embodiment of compassion. I pray at the divine feet of Saint Sankara, who dedicated his life through his blessing and grace to the entire world for our knowledge and understanding.

17. Goddess Annapurna is ever complete and wholesome, life partner of Lord Shankara. We seek your blessings for our knowledge and for our relentless commitment in the use of that knowledge for better living.

18. Goddess Parvathi is our Divine Mother and Maheshwara our Divine Father. All devotees of Lord Shiva are relatives; They are at home in all three worlds.

MEDITATION

19. Let us live and learn together; Let us eat and rejoice together; Let there be valor through our working together; Let us acquire the glory of wisdom through our knowledge and learning; Let there be no differences amongst us. Let there be the divine blessing for this Peace and Harmony!

Peace! Peace! Peace!

DISCUSSION

20. You are the infinite and the whole; You are full and complete; Nothing can be taken away that will make you any less; Nothing can be added that will make you anymore; You are that, pure, free and forever. May this peace be with you always.

Peace! Peace! Peace!

Prayer Songs – Word Meaning

Shuklam baradharam who wears a white garment
Vishnum all pervading,
Shashi varnam has a bright complexion (like a full moon)
Chatur Bhujam has four hands (representing all power)
Prasanna Vadanam has an ever-smiling face
Dhyaaye't I meditate upon,
Sarva Vignopa Shantaye' for the removal of all obstacles

1. Lord Vigneshwara, who wears a white garment, who is all pervading, who has a bright complexion (like a full moon), who has four hands (representing all power), who has an ever-smiling face, upon that deity I meditate, for the removal of all obstacles.

Gajaananam Lord with elephant head
Bhuthaganaathi Sevitham worshipped by celestial attendants
Kapithajambu Phala sara Bhakshitham one eats well and hence enjoys Kapitha and Jambu fruits
Umasudham son of Goddess Parvarthi
Shokavinasa Karanam one who eliminates all obstacles.
Namami Vigneswara Padha Pankajam. I worship the lotus feet of Lord Ganesha

2. We worship the lotus feet of Lord Ganesha, the Lord with elephant head, one who is worshipped by the celestial attendants, who enjoys Kapitha and Jambu fruits, son of Goddess Parvarthi, and one who eliminates all obstacles.

Krishnaaya to Lord Krishna
Vasudevaya to son of Vasudeva
Devaki Nandanaaya cha and also son of Devaki
Nandagopa Kumaaraya raised by the cowherd Nanda
Govindaayathe' to the Universal Lord known as Govinda.
Namo Namha. Our prayers

3. Our prayers to Krishna, beloved son of Vasudeva and Devaki, also raised by the cowherd Nanda, the Universal Lord known as Govinda.

Namosthva We worship
nandhaaya son of NanadaGopa
Sahasra Murthaye' one with thousand forms
Sahasra Padhakshi Sirorubhahave' with thousands of feet, head and shoulders
Sahasra Naamne' of thousand names
Purushaya Sasvathe' who is the basis of all mankind

Sahasrakoti Yugadharine' one who is eternal and ever present.
Namaha. Our prayers

4. Our prayers to the Lord, who is the son of NandaGopa, one with thousand forms, thousands of feet, head and shoulders, of thousand names, who is the basis of all mankind, and one who is eternal and ever present.

Om

Saraswati Goddess Saraswathi
Namastubhyam salutations to you
Varade' one who offers all the blessings
Kaamarupini the one who fulfills desires
Vidyarambam Karishyami As I begin my studies.
Siddhir perfection of knowledge and its understanding
BavatuMe' May it happen to me
Sada Always.

5. Goddess Saraswathi; salutations to you, the giver of all blessings, the one who fulfills desires. As I begin my studies, bless me for the perfection of knowledge and its understanding always.

Saraswathi Goddess Saraswathi
MahaBhage' Most auspicious
Vidhye' Goddess of knowledge
Kamala lochane' With eyes like lotus flower
Vidhyarupe' Embodiment of knowledge
Visaalakshi with large eyes
Vidyam dehi bless me with knowledge
Namosthutte' My salutations to you (Namaha Astu The': Namste')

6. Our salutations (prayers) to the most auspicious Goddess Saraswathi, with large lotus like eyes, embodiment of Knowledge to bless us with knowledge and wisdom.

Shriya Kaanthaya The Lord who is the beloved of Goddess Lakshmi
Kalyana Nidhaye Embodiment of auspiciousness
Nidhaye'rthinam Embodiment of appreciation of wealth for all those who seek Him
Sri Venkata Nivaasaya One who lives in the Hills of Venkatagiri
Sreenivaasaya to that Srinivasa
Mangalam. We praise Your glory.

7. We praise the glory of Lord Srinivasa, who resides in the Venkata Hills (Tirupathi), the Lord who is beloved by Goddess Lakshmi, the abode of auspiciousness and boundless appreciation and enjoyment of wealth for all His seekers.

Mangalam We praise His glory
Kosalendraya King of Kosala
Mahaneeya Gunan Vithe' with the attributes or qualities that are the best among all humans
Chakravarthi the emperor
Dhanujaaya with the bow in His arms
Sarva Bhowmaya one who rules all known space of the universe
Mangalam. We praise Thy glory.

8. We praise the glory of Lord Vishnu, incarnated in the form of Rama, as the King of Kosala, with the attributes or qualities that are the best of all humans, the emperor with the bow in His arms, one who rules all known space of the universe.

Om

Gnana ananda Mayam
understanding

is embodiment of the bliss as a result of knowledge and its

Devam

Deity

Nirmala Spatikaa kritim

as a pure as a crystal

Aadaram

the foundation

Sarva Vidyaanaam

of all knowledge

Hayagreevam

Lord Hayagreeva

Upasmahe'

We worship

9. We worship Lord Hayagreeva, who is the embodiment of bliss as a result of knowledge and its understanding, who is as pure as a crystal, and who is the foundation of all knowledge.

Nakrodho

without anger

NaCha Mathsaryam

not also vanity

NaLobo NaAsubhama Mathihi

nor greed nor any such negative tendencies of the mind

Bhavanthi Krutha

enable us to live a life

Punyaanam Bhakthaanam

your devotees seeking your blessings (Punyam)

Purushoththame'

Oh Lord, the best among all in mankind.

10. Oh Lord, the best among all in mankind, bless us your devotees to live a life without anger, vanity, greed and such negative tendencies of the mind.

Om

Lead us:

Asatho' mā sath gamaya
to the Truth)

from the unreal to the real (from that which is not real/true

Tamaso mā jyotir gamaya

from darkness to the glory of light (Illumination)

Mṛtyormā' amṛtaṁ gamaya

from death to immortality

Om śhāntiḥ, śhāntiḥ, śhāntiḥ

11. Lead us from the unreal to the real; Lead us from darkness to light; Lead us from death to immortality

Let there be Peace in me! Let there be Peace in my environment! Let there be Peace in the forces that act on me!

Om peace, peace, peace!

Om

Sarve'

All

bhavantu sukhinaḥ

Become happy

Sarve santu nirāa mayāḥa

All become free from illness

Sarve bhadraṇi paśyantu

All see only that is auspicious

Mā kaśchit duḥkhabhāg bhaveth

May no one suffer from (even small parts of) grief

12. Om, May all be happy. May all be healthy. May we all experience what is good and let no one suffer from (even in small part) grief and illness. Om peace, peace, peace!

Om

<i>Gurave' Sarva Lokaanaam</i>	the teacher for all mankind (for all the worlds)
<i>Bhishaje' Bhava Roginaam</i>	one who keeps us free from all diseases
<i>Nidhaye' Sarva Vidhyaanaam</i>	repository of all knowledge
<i>Dhakshinaamurthaye'</i>	to that Lord Dhakshinamurthy
<i>Namaha</i>	we offer our worship

13. Lord Dhakshinamurthy is the teacher for all mankind. He is the destroyer of diseases. He is the never ending source or repository of all knowledge. To Him, we offer our worship.

<i>Gurur Brahma</i>	Teacher is Lord Brahma (the Creator)
<i>Gurur Vishnuhu</i>	Teacher is Lord Vishnu (the Protector)
<i>Gurur Devoh Maheswaraha</i>	Teacher is Lord Shiva (the Destroyer)
<i>Guru Saakshath Param Brahma</i>	The teacher is the certain manifestation of the omnipresent and eternal Brahman.
<i>Thasmai Sri Gurave'</i>	to that teacher
<i>Namaha</i>	we offer our salutations.

14. Our salutations to the teacher, in whom we perceive the Lord Brahma (the Creator), Lord Vishnu (the Protector) and Lord Shiva (the Destroyer); The teacher is the certain manifestation of the omnipresent and eternal Brahman.

Another meaning:

Learning is the source of knowledge; through learning we see a changeless continuity (Brahman) in the ever changing world of creation, protection and destruction. The teacher – the source of learning – is the path to such knowledge and understanding. To that teacher, I offer my salutations.

Peace! Peace! Peace!

<i>15. Pratah smarami</i>	I worship in the morning
<i>hridi samsphura tatwam</i>	the truth and reality that fills the deep reaches of our heart
<i>Satchitsukham</i>	It is the Truth, Knowledge and Bliss
<i>paramahamsa gatim turiyam</i>	the fourth state (Beyond body, mind and intellect) reached by learned ones.
<i>Yat swapna jagara sushupta mavaiti nityam</i>	That which is the basis or substratum of all that exists when we are awake, dreaming or fast asleep
<i>Tad brahma nishkalamaham</i>	I am that Brahman, without any blemish
<i>na cha bhuta sanghaha.</i>	not the association with my ever changing material body.

<i>16. śruti smṛti purāṇānām ālayam</i>	The storehouse of all the knowledge and scriptures that are transmitted through recitation (sound) as well as in verses (writing)
<i>Karuṇālayam</i>	abode of compassion
<i>namāmi bhagavatpādam śaṅkaram</i>	I worship the divine feet of Saint Sankara Acharya
<i>loka śaṅkaram</i>	Who has dedicated all his efforts for our universal knowledge and understanding.

17. *Annapoorne Sada Poorne,*
wholesome,
Shankara Prana Vallabhe,
Jnana Vairagya Sidhyartham,
use of that knowledge for better living.
Bhiksham Dehi Cha Parvati.

Goddess Annapurna who is ever complete and
life partner of Lord Shankara.
for our knowledge and for our relentless commitment in the
we seek your blessings

18. *Maatha Cha Parvati Devi,*
Pitha Devo Maheswaraha
Bhandhava Shiva Bhaktas Cha,
Swadesho Bhuvana Trayam

Goddess Parvathi is our Divine Mother
and Maheshwara our Divine Father
All devotees (of Lord Shiva) are our relatives and
They are at home in all three worlds.

MEDITATION

Sahanavavathu May God protect both of us

Sahanau Bhunakthu May he nourish both of us

Sahaveeryam Karavaa Vahahai May we work together for strength, power and vitality

The'jasvi nau adheetham asthu Let our learning be enlightening for both of us;

Ma Vidhvisha Vahai Let our education not lead to division (hostility) amongst us

Om Shanthi! Shanthi! Shanthihi !

19. Let us live and learn together; Let us eat and rejoice together; Let there be valor through
our working together; Let us acquire the glory of wisdom through our knowledge and
learning; Let there be no differences amongst us. Let there be the divine blessing for this
Peace and Harmony!

Peace! Peace! Peace!

DISCUSSION

Om

Poornamadaha That (External) is infinite and the whole

Poornamidam This (inner) is also infinite and the whole

Poornath From this infinite and whole

Poornamudachyate' arises (becomes) all others which are also infinite and whole

Poornasya From this infinite and whole

Poornamadhaya taking any part as infinite and whole

Poornameyva remains as the infinite and whole

Vasishyate' the reminder is also

Om Shanthi, Shanthi, Shanthihi !

20. You are the infinite and the whole; You are full and complete; Nothing can be taken away
that will make you any less; Nothing can be added that will make you anymore; You are that,
pure, free and forever. May this peace be with you always.

Peace! Peace! Peace!